Changing Political Masculinities

A Program of the National Democratic Institute

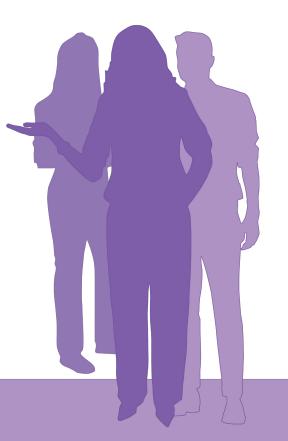


TOOL B1: GENDER AND ME

AIM

By the end of the session, participants will have:

- → Shared and reflected on important influences that have shaped our understandings and experiences of masculinity and femininity growing up
- → Agreed on a common understanding of the terms "masculinity" and "masculinities"





Gender Journey

- → In this experience, what did you learn about the meaning of being a boy/man or girl/woman? Where was the learning coming from? Who was teaching you about gender?
- → What did you learn about gender differences between boys/men and girls/women (in terms of roles, responsibilities, opportunities, rights)? How did this feel at the time?
- → What did you learn about gender inequalities between boys/men and girls/women (in terms of opportunities, rights, access to resources, levels of power)? How did this feel at the time?
- → Looking back, what do you feel now about your Gender Journey and what you learned about gender growing up?

