

# Changing Political Masculinities



A Program of the National  
Democratic Institute

# TOOL C1: GENDER NORMS AND PRESSURES

## AIM

By the end of the session, participants will have:

- A better understanding of the impact of norms of masculinity and femininity on the lives of men and women.
- Identified the ways in which gender norms of masculinity and femininity affect women's political participation.

