

SESSION E1: COMMITMENTS TO ACTION

AIM

By the end of the session, participants will have:

- ▶ Committed to taking specific actions to make the 'culture' of the party/organization more supportive of women's political participation.

STEP-BY-STEP

1. Present the aims of the session. Explain that this activity will now focus on next steps, for each of us as individuals and for the party/organization as a whole.
2. Ask participants to take a few minutes to think about commitments they can make to specific actions they can take to help change the 'culture' of the party/organization so that it is more supportive of women's political participation. Ask each participant to think about the following:
 - ▶ Start: One action they will start taking to challenge patriarchal masculinities in the party/organization.
 - ▶ Continue: One action they will continue to do to promote women's political participation.
 - ▶ Stop: One behavior they will stop doing in order that they can better patriarchal masculinities in the party/organization.
3. Ask participants to pair up and spend the next 5 minutes sharing with each other their personal action commitments. Ask each participant to write down their "Start", "Continue" and "Stop" action commitments on Post-it Notes (or small cards), one commitment per card.
4. Bring everyone back together, and invite participants to stick their Post-it Notes/small cards up on flip-chart paper, under three columns, marked "Start", "Continue" and "Stop". Ask a few participants to volunteer to share what they wrote and talk about why they have made these commitments.
5. End the session by discussing the importance of men supporting each other to follow through on these commitments to take action to challenge patriarchal masculinities. Ask participants to think about how they can continue to support each other once the workshop is over, and who else they might seek support from (such as friends or family members).

Time: 30 mins

Materials:

- ▶ Flipchart paper and pens
- ▶ Post-it Notes/Small cards

Training Tips:

- ✓ Encourage participants to make realistic commitments. In the DRC pilot, some participants expressed very ambitious commitments to change the party. But we cannot expect to change patriarchal masculinities quickly. It is better that participants think very specifically about their own lives and relationships, and simple actions that they can take (or stop doing) in order to begin to challenge patriarchal masculinities.