# Changing Political Masculinities

## A Program of the National Democratic Institute



# **TOOL C2: GENDER JOURNEYS IN POLITICS**

#### AIM

By the end of the session, participants will have:

- → Identified key moments during women's journey into and in the party (or political work, such as being an election observer) when men's sexist attitudes and behaviors and gender-based discrimination has harmed them and limited their participation and progress.
- → Specified actions that men can take, together with women, to intervene at these key moments to help improve women's participation and progress.



### **Available country-specific research**

- → Existing laws
- → Existing codes or quotas



→ Direct/personal sexism and discrimination

→ Indirect/organizational sexism and discrimination



→ Formal aspects (e.g. a lack of policy or a failure to implement an existing policy)

→ Informal aspects (e.g. a culture of impunity for perpetrators)

