




YOUTH ACTIVISM FOR
LEBANESE ACCOUNTABILITY

Module Two: Being a Change Agent



LIFE WILL ONLY
CHANGE WHEN
YOU BECOME
MORE
COMMITTED TO
YOUR DREAMS
THAN YOU ARE
TO YOUR
COMFORT ZONE.

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Rule #1: To think big, you have to be honest with yourself.

- ▶ Honest about your weaknesses
- ▶ Honest about your capacity
- ▶ Honest about your desires
- ▶ Real honesty can be uncomfortable

Rule #2: This requires self-reflection

- ▶ Do you overestimate yourself?
- ▶ Do you underestimate others? Certain groups/Women?
- ▶ Do you underestimate yourself?
- ▶ What are your values?
- ▶ Are you living those values?
- ▶ What are you prioritizing?





Rule #3: Life is about a choices

- ▶ You must choose
- ▶ You must prioritize
- ▶ In order to be a change agent

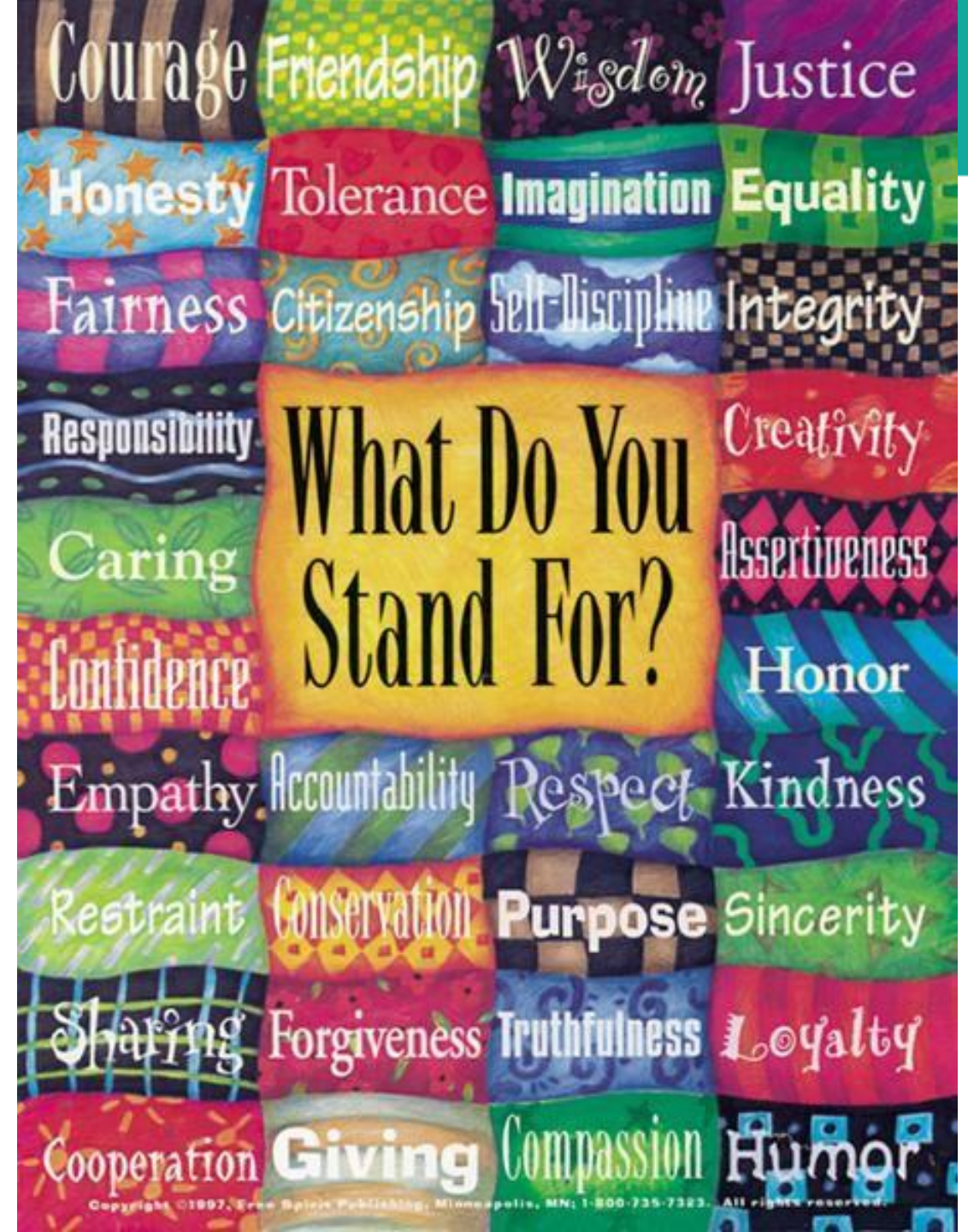
**WE ARE NOT GIVEN
A GOOD OR A BAD
LIFE. WE ARE
GIVEN A LIFE. IT'S
UP TO US TO MAKE
IT GOOD OR BAD.**



VALUES

THE
FOUNDATION
OF WHO YOU
ARE

Start by choosing
10 words that
reflect what you
value most.





STRENGTHS

WHAT ARE
YOU GOOD
AT?

What do you excel at?

How do you know?

analyzing
building
caring
coaching
communicating
connecting
context (seeing the big picture and spotting patterns)
creating/imaging
debating
developing people
designing

diplomacy
efficiency
empathy
facilitating
forecasting
guiding
implementing
influencing
inspiring
harmony (finding common ground)
leading

learning
listening
managing
marketing
mentoring
mobilizing
motivating
organizing/planning
persuading
quantitative (working with numbers)
recruiting
relating

researching
selling
skills: manual
skills: technical
supporting
solving problems
speaking
strategizing/planning
teaching
training
visioning
writing
other:

In what ways do gender norms impact perceptions of what are 'good' strengths?

MALE	FEMALE
Adventurous	Weak
Aggressive	Shy
Strong	Gentle
Rough	Dependent
Impatient	Tolerant
Rational	Sensitive
Intelligent	Jealous
Self-centered/Egoistic	Caring
Satisfied	Forgiving
Authoritative	Emotional
Others?	Others?



PRIORITIES

WHAT IS
IMPORTANT
IN YOUR LIFE?

What are the things you prioritize most in your life at this point?

family

reflection time

friendships

accomplishment

recognition

where you live

status

health/diet

having impact

children

spiritual

practice

working with

good people

fun and enjoyment

exercise

learning

personal growth

public service

working with smart

people

professional


achievement

financial security

outdoor experiences

good conversation

Other..

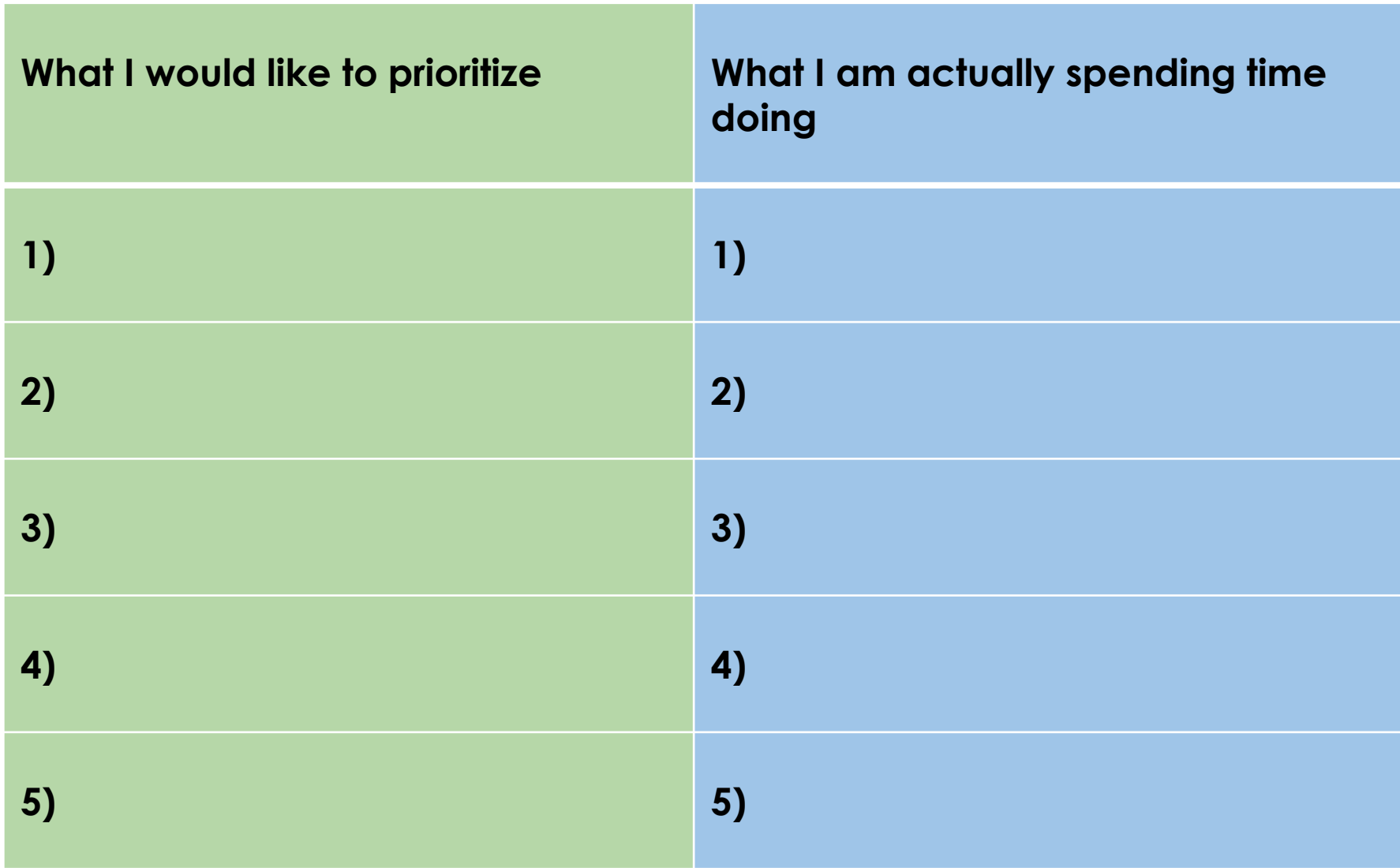


The key is not
to prioritize
what's on your
schedule, but
to schedule
your priorities.

- Stephen Covey

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What I would like to prioritize	What I am actually spending time doing
1)	1)
2)	2)
3)	3)
4)	4)
5)	5)




Writing Your Statement of Purpose

“There are things in life that make us happy, things that feel like work, and everything in between. The feeling of *fulfillment* is something that comes when we are on the path to achieve our *purpose* in life.”





Writing Your Statement of Purpose

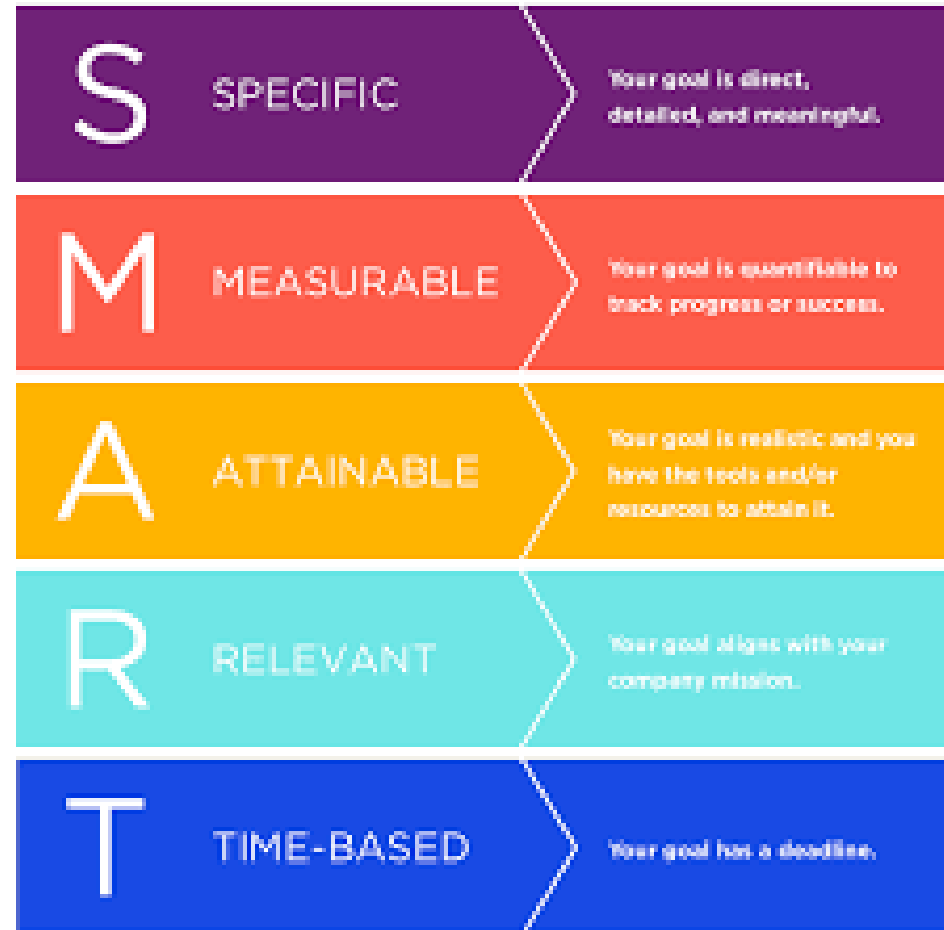
- ▶ Using core strengths, core values, and priorities, write an actual statement of purpose.
 - ▶ This will be an evolving statement.
 - ▶ Don't get frustrated if it isn't perfect.
 - ▶ What is it in life that you are committed to achieving?
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GOAL SETTING

NOW, GET
ORGANIZED

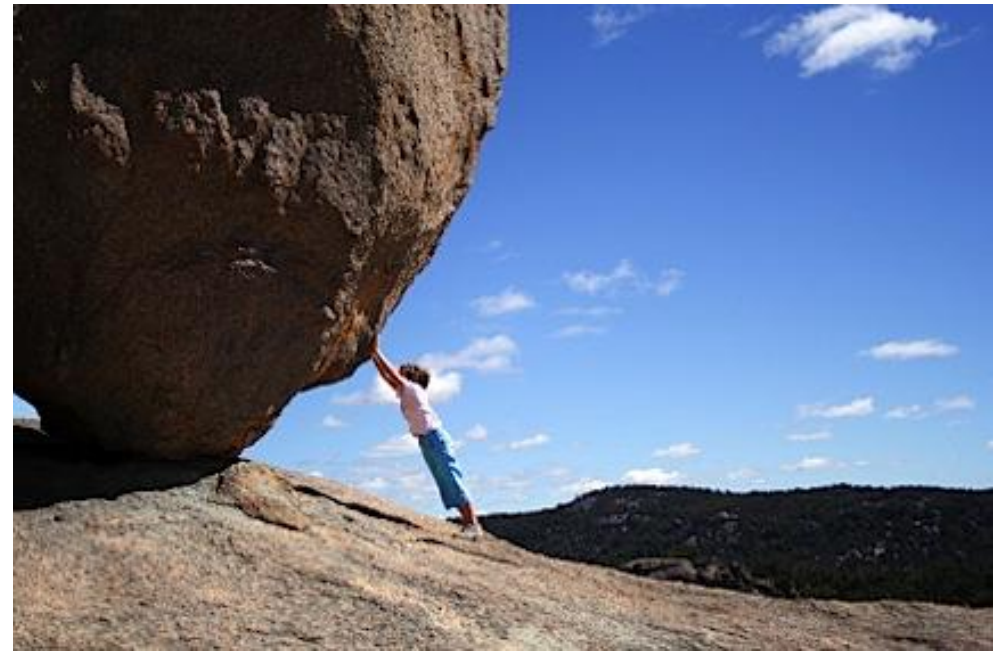


What are 3 Realistic Things You Can Achieve?




CHALLENGES

WHAT'S IN
YOUR WAY?





Key challenges and obstacles that you must overcome to succeed?

- ▶ Be honest, what is getting in your way to achieving this?
 - ▶ What is in your control?
 - ▶ How can you overcome this?
 - ▶ What actions can you take?
- 

BENCHMARKS


WHAT CAN
YOU
MEASURE?



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Establishing Benchmarks

- ▶ By the end of 2020, what benchmarks must you achieve in order to fulfill your purpose?
 - ▶ What steps will you take?
 - ▶ What key questions will you answer?
 - ▶ Who do you need to meet that can help you?
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SUCCESS

WHAT DOES
IT LOOK LIKE?

“Success
is liking yourself,
liking what you do,
and liking how
you do it.”
– Maya Angelou





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